

Jacqueline Morgan, SPT

Virginia Commonwealth University
Department of Physical Therapy

EDUCATION

2016	<i>Virginia Commonwealth University</i>	Richmond, VA
Rehabilitation and Movement Science Doctorate Program		
2013-2016	<i>Virginia Commonwealth University</i>	Richmond, VA
Doctorate of Physical Therapy		
2008-2011	<i>University of Montana</i>	Missoula, MT
Bachelors of Science in Exercise Science		

EMPLOYMENT

January 2014 – present		VCU RUN LAB
<i>Lab Assistant, Project Coordinator</i>	<i>Richmond, VA</i>	
August 2012 – July 2013		OrthoVirginia
<i>Physical Therapy Technician</i>		<i>Richmond, VA</i>
July 2011 – July 2012	AID Performance Physical Therapy	
<i>Physical Therapy Technician</i>	<i>Asburn, VA</i>	

RESEARCH

2015	Virginia Commonwealth University
The Interaction between Running Stiffness and Running Economy during Long Distance Training.	
2014	Virginia Commonwealth University
The Effects of Modified Arm Swings on Hip Extension Angle, Moment and Power during Running.	

AWARDS:

2016	BIG ACSM Student Research Award
J. Morgan, R. L. Franco, K. Harrison, A.M. Blanks, H.L. Caslin, D.S. Williams III	
Stride Frequency and Injury Rates in Recreational Runners Training for a Half-Marathon	

GUEST LECTURE:

2014, 2015

VCU Broad Street Mile, Richmond, VA

Introduction to Running Lecture Series: Introduction to Running, Nutrition, Flexibility, Injury Prevention.

PUBLICATIONS

J Morgan, R. Lee Franco, Anson M Blanks, Heather L Caslin, Virginia T Patterson, Charles S Schwartz and D. S. Williams. (2015) Effects of a 16-week training program on the relationship between lower extremity stiffness and oxygen consumption in half-marathon participants. (in process)

ABSTRACTS

1. **J. Morgan**, B. Thakkar, K. Harrison, R. Queen and D.S. Williams III. Lower extremity stiffness during uphill and level running. ASB40, Annual Meeting, Raleigh, NC. 2016.
2. **J. Morgan**, R. L. Franco, K. Harrison, A.M. Blanks, H.L. Caslin, D.S. Williams III. The relationship between transverse plane hip rotation and injury in recreational runners training for a half-marathon. NEXT Conference and Exposition, Annual Meeting, Nashville, TN. 2016.
3. **J. Morgan**, R. L. Franco, K. Harrison, A.M. Blanks, H.L. Caslin, D.S. Williams III. Stride Frequency and Injury Rates in Recreational Runners Training for a Half-Marathon. ACSM 63rd Annual Meeting, Boston, MA. 2016.
4. **J. Morgan**, DS Williams. The Effects of Modified Arm Swings on Hip Extension Angle, Moment and Power during Running. ACSM 62nd Annual Meeting, San Diego, CA. 2015.
5. M.E. Holman, **J. Morgan**, D.S. Williams. Adherence to a 16-Week Training Program for a Half-Marathon among Recreational Runners: Effects of 2 Training Protocols. Southeast Chapter of ACSM Meeting, Jacksonville, FL, 2015.
6. **J.A. Morgan**, C.S. Schwartz, V.T. Patterson, R.L. Franco, D.S. Williams. Lower Extremity Stiffness Influences Running Performance in Recreational Runners. Southeast Chapter of ACSM Meeting, Jacksonville, FL, 2015.

SERVICE

VIRGINIA COMMONWEALTH UNIVERSITY

2015

Physical Therapy Career Exploration Program

Physical Therapy Career Exploration Program Teaching Assistant

RACE TEAM RVA

2015

Marathon Training Coach

VIRGINIA COMMONWEALTH UNIVERSITY HEALTH FAIR

2015 Community Relations Committee Member and Volunteer

ACSM NATIONAL CONFERENCE

2015 Thematic Poster Session Co-Chair

COMBINED SECTIONS MEETING, APTA

2015 CSM Annual Meeting Volunteer

NEXT CONFERENCE AND EXPOSITION, APTA

2014 NEXT Conference Volunteer

YMCA HALF MARATHON TRAINING TEAM

2014 Half Marathon Training Coach

VIRGINIA COMMONWEALTH UNIVERSITY DANCE DEPARTMENT

2014-Present Physical therapy screenings and injury assessment

SPORTABLE

2013-Present Sportable Volunteer

PROFESSIONAL ORGANIZATIONS

2011 – Present: American College of Sports Medicine

2012 – Present: Richmond Road Runner Club

2013 – Present: American Physical Therapy Association

2014 – Present: APTA Sports Physical Therapy Section

INSTITUTIONAL INSTRUCTION

VIRGINIA COMMONWEALTH UNIVERSITY, DEPARTMENT OF PHYSICAL THERAPY

2015 Special Topics in Physical Therapy — Dance Module (in creation)

2015 Physical Therapy Career Exploration Program—Teaching Assistant for Proprioceptive Neuromuscular Facilitation Labs

2015 ACSM National Conference Thematic Poster Session Co-Chair