

Ji-Su Kim, M.S.

**Ji-Su Kim, M.S.**

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## **EDUCATION**

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- 2022-present Ph.D. Rehabilitation & Movement Science**  
Virginia Commonwealth University, Richmond, VA
- 2020-2022 M.S. Physical Education**  
Kyung Hee University (Global Campus), South Korea  
*GPA: 4.26 / 4.3*
- 2021 B.S. Taekwondo** Kyung Hee University (Global Campus), South Korea  
*GPA: 4.22 / 4.5*

## **PUBULICATION (PEER-REVIEWED)**

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1. **Kim, J.-S.**; Choe, J.-P.; Park, J.-H.; Yoo, E.; Lee, J.-M. The Comparison of Physical Activity, Sedentary Behavior, and Mental Health between Early Menopausal Women and Age-Matched General Middle-Aged Women. *Int. J. Environ. Res. Public Health* 2021, *18*, 7256.
2. Choe, J.-P.; **Kim, J.-S.**; Park, J.-H.; Yoo, E.; Lee, J.-M. When Do Individuals Get More Injured? Relationship between Physical Activity Intensity, Duration, Participation Mode, and Injury. *Int. J. Environ. Res. Public Health* 2021, *18*, 10855.

## **HONORS AND AWARDS**

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- 2022 Gold Medalist of 2022 Asian Taekwondo Poomsae Championships
- 2022 Gold Medalist of 2022 World Taekwondo Poomsae Championships
- 2017-2021 Kyung Hee University Taekwondo Poomsae Team
- 2018-2020 Korea National Taekwondo Poomsae Team
- 2019-2020 World Taekwondo Federation Demonstration Team
- 2020 Gold Medalist of Online 2020 World Taekwondo Poomsae Championships
- 2018 Gold, Silver Medalist of World Taekwondo Poomsae Championships in Taipei
- 2017 Bronze Medalist of Chuncheon Korea Open International Taekwondo Championships

## **AWARDED FULL SCHOLARSHIP**

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2022	Kyung Hee Faculty of Excellence Graduate Scholarship (\$4,402)
2021	Kyung Hee Faculty of Excellence Graduate Scholarship (\$10,482)
2020	Art, Sports and Vision Scholarship (\$7,297)
2019	Art, Sports and Vision Scholarship (\$8,622)
2018	Excellence Scholarship (\$1,325)
2017	Excellence Scholarship (\$1,325)
2016	Talent Scholarship (\$618)
2015	Talent Scholarship (\$618)

## **ACADEMIC EXPERIENCES**

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2019.12-2020.02      **Taekwondo Instructor, Playing Coach of Poomsae Team**  
Yongin University Cheonhamujuk Taekwondo Gym, Gunpo, South Korea

## **MISCELLANEOUS WORK EXPERIENCE**

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**The Secondary School Teacher (Grade II) of Physical Education**, Ministry of Education. (Seoul, Korea), 2021

**Taekwondo Instructor Certification**, Korea Sports Promotion Foundation. (Seoul, Korea), 2019

**Taekwondo 5<sup>th</sup> Dan Grade Certification**, Korea Taekwondo Association, Kukkiwon. (Seoul, Korea), 2013

## **MEDIA & NEWS**

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<https://youtu.be/9ANQZKuP0l4>

<https://youtu.be/dVD96Z6arHU>

[www.tkdbox.com/65663-2/](http://www.tkdbox.com/65663-2/)

[https://www.youtube.com/watch?v=h0\\_qBUy\\_JCw](https://www.youtube.com/watch?v=h0_qBUy_JCw)

<https://youtu.be/id-GRpPcp00>

[https://youtu.be/h0\\_qBUy\\_JCw](https://youtu.be/h0_qBUy_JCw)

<https://youtu.be/muD8tG9Vm0A>

<https://youtu.be/FTJxvI0Ee4U>

<https://youtu.be/NM-UUp7O8ws>

<https://youtu.be/bBIMpk4Bu1o>

<http://www.tkdnews.com/news/articleView.html?idxno=51960>

<https://m.post.naver.com/viewer/postView.nhn?volumeNo=17468387&memberNo=2656675&searchKeyword=2018&searchRank=398>

<https://www.yna.co.kr/view/AKR20181116025400007>

<https://youtu.be/hae7KE8GKo>

## **PROFESSIONAL REFERENCES**

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### **Youngdeok Kim, Ph.D.**

Associate Professor/Associate Department chair  
Department of Kinesiology & Health Science  
Virginia Commonwealth University,  
(806)828-1948  
[kimy13@vcu.edu](mailto:kimy13@vcu.edu)

### **Jung-Min Lee, Ph.D.**

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College of Physical Education  
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