

Stephen D. Vesely, Jr.

veselysd@vcu.edu

Professional Experience

Vesely Physical Therapy LLC, Owner, 01/2021-Present

Virginia Commonwealth University, Associate Professor, 08/2021-Present
HPEX 374: Musculoskeletal Structure and Movement. 4 hours.

Advanced Wellness Centre, Physical Therapist, 08/2013-05/2020
Director of PT, 05/2018-05/2020

Education

Doctor of Physical Therapy, 05/2013
Virginia Commonwealth University, Richmond, VA

Dean's List (Summer 2010-Spring 2013)
Jules M. Rothstein Scholarship (Fall 2012)
A.D. Williams Award (Fall 2011)

Bachelor of Science in Health, Physical Education, and Exercise Science, 05/2010
Virginia Commonwealth University, Richmond, VA
Concentration in Exercise Science, Pre-Physical Therapy

Dean's List (Fall 2006-Spring 2010)
Honors College (Spring 2007-Spring 2010)
Exercise Science Excellence Award (Spring 2010)
William H. Duvall Award (Spring 2009)
Who's Who Among Students in American Universities and Colleges (Spring 2009, Spring 2010)

Additional Experience

Synergy Yoga YTT for Anatomy, Teacher, Richmond VA, 02/2017, 02/2018, 02/2019
HPEX 441-Assessment&Intervention in Health&Disease, Adj. Professor, RVA, 01/2015-05/2015
PHTY 501-Gross Anatomy, Teaching Assistant, Richmond, VA, 05/2011-08/2011
VCU Physical Education Award Committee, Student Assistant, Richmond, VA, 03/31/10-04/02/10
VCU Graduate Assistant Search Committee, Student Assistant, Richmond, VA, 05/07/2009
General Nutrition Center, Sales Associate, Richmond, VA, 05/2007-08/2008
Spanish, minimal-moderate speaking ability

Community

PT Career Exploration Program (July 2012)

- Served as a student assistant for a dozen high school students participating in various labs (vital signs, gait and wheelchair skills, technology)
- Led a book discussion and question/answer sessions

Cosby High School PT Labs (March 2012)

- Led PT technology labs with several different groups of high school students
- Answered questions about VCU DPT program and PT in general

6th and 7th Annual VCU Golf Tournaments (April 2011, April 2012)

- Organized fundraising efforts and overall preparation/logistics for annual event
- Raised funds that benefited The Foundation for Physical Therapy

CEU Course by Gray Cook, MSPT, OCS, CSCS, RKC (February 2012)

- Organized a new course including correspondence, preparation, and delegation to core officers

- Raised funds that benefited The Foundation for Physical Therapy

Research

2009 Southeast American College of Sports Medicine Research, Richmond, VA, 05/2008-02/2009

- ASSESSMENT OF CHANGES IN CARDIORESPIRATORY FITNESS PARAMETERS OF MORBIDLY OBESE FEMALES FOLLOWING GASTRIC BYPASS SURGERY
- 100+ hour retrospective project that included analyzing data and drafting journal article sections
- Presented at the 2009 SEACSM conference in Birmingham, AL, February 12-14, 2009

**Professional
Development**

American Physical Therapy Association, Member, 09/2010-08/2020

Virginia Physical Therapy Association, Member, 09/2010-08/2020

National Student Conclave, Minneapolis, MN, 10/2011; Arlington, VA, 11/2012

Combined Sections Meeting, Chicago, IL, 02/2012

APTA Annual Conference, National Harbor, MD, 06/2011; Tampa, FL, 06/2012

Southeast ACSM Conference, Greenville, SC, 02/2010

Southeast ACSM Conference, Birmingham, AL, 02/2009